BACHELOR OF SCIENCE (B.S.)
ATHLETIC TRAINING

CAATE: Commission on Accreditation of Athletic Training Education

General Education Requirements

Foundation Studies (12)
Required Grade of “C” or better
ENGL 103
ENGL 203A, 203B, 203C, or 203D or ENGL 204 [if placed into ENGL 204]
COMS 100
MATH 101, 155, 210, 211, or 229 or MATH 110+STAT 208

Knowledge Domain Studies (21)
There is a required minimum of 21 semester hours in the three General Education Knowledge Domains that cannot include more than two courses in any one department. A minimum of 6 semester hours in each domain area and one additional 3 hour course from any knowledge domain area.

Creativity & Critical Analysis (6)
ANTH 102, 210
ARTH 282, 292, 294, 340, 350
COMS 220, 230, 356
ENGL 110, 115, 116, 310, 315, 350
EPFE 321, 400, 410
FLCL 271, FLFR 371, FLIT 272, FLRU 261
HIST 110, 111, 112, 140, 141, 171, 260, 261
IDSP 225, ILAS 100
MUHL 220
PHIL 101, 105, 231
POLS 150, 251
TH-D 222, THEA 203
WGST 202

Nature & Technology (6)
BIOS 103 (3) + 105 (1) [Major requirement]
CHEM 110 (3) [Major requirement]
CHEM 111 (1) [Recommended]

Society & Culture (6)
PHHE 206 [Major requirement]
PSYC 102 [Major requirement]

Knowledge Domain Elective (3)
Complete 3 hour elective from one of the areas above. See catalog for entire list of Knowledge Domain Studies.

Athletic Training Requirements (82-83)
Athletic Training majors are required to earn a “C” or better in all KNPE courses

Basic Skills (23)
KNPE 322 CPAT* - Upper Extremity (2)
[CRQ: KNPE 325]
KNPE 323 CPAT* - Lower Extremity (2)
[CRQ: KNPE 324]
KNPE 331 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 265 and KNPE 266]
KNPE 332 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 331]
KNPE 350 Prin and Tech of Resist Training (3)
KNPE 427 CPAT* - Therapeutic Modalities and Exer (2)
[CRQ: KNPE 491 and PRQ: KNPE 323]
KNPE 432 CPAT* - Organization and Administration Concepts in AT (2) [PRQ: KNPE 474]
KNPE 434 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 332]
KNPE 435 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 434]
*CPAT – Clinical Proficiencies in Athletic Training

Scientific Basis (12-13)
BIOS 311 Functional Human Anatomy (4)
or BIOS 357 Human Anatomy & Physiology (5)
KNPE 314 Applied Kinesiology (4)
[PRQ: BIOS 311 or BIOS 357 and MATH core “C” or better]
KNPE 452 Exercise Physiology (4)
[PRQ: BIOS 311 or BIOS 357 and MATH core “C” or better]

Athletic Training
Limited Admissions Requirements

1. Minimum post-secondary GPA 2.5 (average of all colleges attended)
2. Minimum grade of “C” or better in the following pre-requisite courses:
   CHEM 110 or MATH core (3)
   ENGL 103, 203A, 203B, 203C, 203D, or 204(3)
   All courses must be completed prior to the spring semester. In progress courses will not be considered.
3. Observation Hours: Minimum 50 observation hours completed within 10 months of the application deadline (no more than 20 hours may be attained in a medical [hospital/clinic], industrial/occupational, military, performing arts, and professional sport settings.)
4. Two letters of recommendation (at least one must be from an ATC)
5. Signed Contract of Understanding and Technical Standards
6. Health History Appraisal Form

Athletic Training limited admissions applications are available at the end of the fall semester. Note: Applicants must wait until fall semester grades are posted to submit application and transcript information.

NIU Athletic Training Program information may be accessed through NIU’s website: http://cedu.niu.edu/knpe/programs/athletictraining/application

To be considered, all application materials must be submitted by February 15.
### Professional Core (12)

<table>
<thead>
<tr>
<th>Code</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>AHCD 318</td>
<td>Medical Terminology</td>
<td>3</td>
</tr>
<tr>
<td>FCNS 306</td>
<td>Sports Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>or FNCS 306</td>
<td>KNPE 306 (2)</td>
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<tr>
<td>(Spring only, variable credit hour course)</td>
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<tr>
<th>Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>KNPE 310</td>
<td>Psyc Aspects of Sport and Exer</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>[PRQ: PSYC 102]</td>
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<tr>
<td>KNPE 445</td>
<td>Measurement and Eval in Exer Sci</td>
<td>3</td>
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<tr>
<td></td>
<td>[PRQ: MATH core grade of “C” or better, PRQ/CQR: KNPE 452]</td>
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### Athletic Training Concentration (25)

<table>
<thead>
<tr>
<th>Code</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>KNPE 202</td>
<td>Introduction to Athletic Training</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>[Permission required]</td>
<td></td>
</tr>
<tr>
<td>KNPE 264</td>
<td>Prin of Injury Prevention and Care</td>
<td>3</td>
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<td></td>
<td>[Permission required, Admission to ATP]</td>
<td></td>
</tr>
<tr>
<td>KNPE 265</td>
<td>Practicum in Athletic Training</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>[Permission required, Admission to ATP]</td>
<td></td>
</tr>
<tr>
<td>KNPE 266</td>
<td>Emergency Medical Response</td>
<td>3</td>
</tr>
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<td></td>
<td>[Permission required]</td>
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<tr>
<td>KNPE 324</td>
<td>Assessment of Lower Extremity Injury</td>
<td>3</td>
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<tr>
<td></td>
<td>[PRQ: BIOS 311 or BIOS 357; and PRQ: KNPE 264 and KNPE 265]</td>
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</tr>
<tr>
<td>KNPE 325</td>
<td>Assessment of Upper Extremity Injury</td>
<td>3</td>
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<tr>
<td></td>
<td>[PRQ: KNPE 324]</td>
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<tr>
<td>KNPE 326</td>
<td>Therapeutic Modalities</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>[PRQ: KNPE 324 or KNPE 325]</td>
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<tr>
<td>KNPE 474</td>
<td>Medical Issues in Athletic Training</td>
<td>3</td>
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<tr>
<td></td>
<td>[Permission required, PRQ: KNPE 323]</td>
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<tr>
<td>KNPE 491</td>
<td>Therapeutic Exercise</td>
<td>3</td>
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<tr>
<td></td>
<td>[Permission required, PRQ: BIOS 311 or BIOS 357]</td>
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#### Select one from the following (4)

<table>
<thead>
<tr>
<th>Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>KNPE 490</td>
<td>Adapted Physical Education</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>[Permission required, CRQ: KNPE 492]</td>
<td></td>
</tr>
<tr>
<td>KNPE 492</td>
<td>Special Physical Edu Clinic Practicum</td>
<td>1</td>
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<tr>
<td></td>
<td>[Permission required]</td>
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#### OR

<table>
<thead>
<tr>
<th>Code</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>KNPE 463</td>
<td>Exer and Phy Act Across the Lifespan</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>[PRQ: KNPE 452, CRQ: KNPE 493]</td>
<td></td>
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<tr>
<td>KNPE 493</td>
<td>Supervised Clinical Exp in Exer Ger</td>
<td>1</td>
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### Internship (6)

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<tr>
<th>Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>KNPE 494</td>
<td>Internship in Kinesiology</td>
<td>6</td>
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<td></td>
<td>[Permission required]</td>
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### Additional Program Information

Northern Illinois University’s Athletic Training Program is accredited through the Commission on the Accreditation of Athletic Training Education (CAATE). Only students who complete CAATE accredited curriculum will be eligible to take the Board of Certification (BOC) examination. Athletic Training majors must successfully pass the BOC exam to be certified as an Athletic Trainer. To ensure students adhere to the current curricular standards set forth by CAATE, they are required to meet with the Athletic Training Academic Advisor each term.

### Academic Resources

- Whitney Harris
  - KNPE Academic Advisor
  - Anderson Hall 215
  - 815-753-8285
  - wharris3@niu.edu

- Dr. Bill Pitney
  - KNPE Program Director
  - Anderson Hall 229
  - 815-753-1163
  - wpitney@niu.edu

- Dr. Chad McEvoy
  - KNPE Department Chair
  - Anderson Hall 223
  - 815-753-1409
  - cmcevoy@niu.edu

NIU Information Technology
(Questions about blackboard, NIU Email account, reset password)
[www.its.niu.edu/index.asp](http://www.its.niu.edu/index.asp)
815-753-8100

General Tutoring
[www.niu.edu](http://www.niu.edu), A-Z index, T, tutoring

Occupational Outlook Handbook

National Athletic Training Association
[www.NATA.org](http://www.NATA.org)