NORTHERN ILLINOIS UNIVERSITY
DEPARTMENT OF KINESIOLOGY AND PHYSICAL EDUCATION (KNPE)

CATALOG 2016-2017
OVERALL GPA 2.50

BACHELOR OF SCIENCE (B.S.)
ATHLETIC TRAINING

CAATE: Commission on Accreditation of Athletic Training Education

General Education Requirements

Foundation Studies (12)
COMS 100

Required Grade of "C" or better
ENGL 103
ENGL 203A, 203B, 203C, or 203D
or ENGL 204 [If placed into ENGL 204]
MATH 101, 155, 206, 210, 211, or 229
or MATH 110+STAT 208

Knowledge Domain Studies (21)
There is a required minimum of 21 credit hours in the three General Education Knowledge Domains that cannot include more than two courses in any one department. A minimum of 6 credit hours in each domain area and one additional 3 credit hour course from any knowledge domain area.

Creativity & Critical Analysis (6)
ANTH 102, 210
ARTH 282, 292, 294, 340, 350
COMS 220, 230, 356
ENGL 110, 115, 116, 310, 315, 350
EPFE 321, 400, 410
FLCL 271, FLFR 371, FLIT 272, FLRU 261
HIST 110, 111, 112, 140, 141, 171, 260, 261
IDSP 225, ILAS 100
MUHL 220
PHIL 101, 105, 231
POLS 150, 251
TH-D 222, THEA 203
WGST 202

Nature & Technology (6)
BIOS 103 [Major requirement]
CHEM 110 [Major requirement]
BIOS 105 [Major requirement] + CHEM 111 [Strongly recommended]

Society & Culture (6)
PHHE 206 [Major requirement]
PSYC 102 [Major requirement]

Knowledge Domain Elective (3)
Complete 3 credit hour elective from one of the areas above. See catalog for entire list of Knowledge Domain Studies.

Writing Infused Graduation Requirement
Students entering NIU with 30 or fewer credit hours, excluding credits awarded through NIU's Credit by Examination Program, must earn credit in two upper-division courses that are designated as: "writing-infused."
WRIN
WRIN

Athletic Training Requirements (82-83)
Athletic Training majors are required to earn a "C" or better in all required Athletic Training KNPE courses

Basic Skills (23)
KNPE 322 CPAT* - Upper Extremity (2)
KNPE 323 CPAT* - Lower Extremity (2)
KNPE 331 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 265 and KNPE 266]
KNPE 332 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 331]
KNPE 350 Prin and Tech of Resist Training (3)
KNPE 427 CPAT* - Therapeutic Modalities and Exer (2)
[CRQ: KNPE 491 and PRQ: KNPE 323]
KNPE 432 CPAT* - Organization and Administration Concepts in AT (2) [PRQ: KNPE 474]
KNPE 434 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 332]
KNPE 435 Clinical Experience in Athletic Training (3)
[PRQ: KNPE 434]
*CPAT - Clinical Proficiencies in Athletic Training

Scientific Basis (12-13)
BIOS 311 Functional Human Anatomy (4)
or BIOS 357 Human Anatomy & Physiology (5)
KNPE 314 Applied Kinesiology (4)
[PRQ: BIOS 311 or BIOS 357 and MATH core "C" or better]
KNPE 452 Exercise Physiology (4)
[PRQ: BIOS 311 or BIOS 357 and MATH core "C" or better]

Athletic Training
Limited Admissions Requirements

1. Minimum post-secondary GPA 2.5 (average of all colleges attended)
2. Minimum grade of "C" or better in the following courses:
   CHEM 110 or MATH core (3)
   ENGL 103, 203A, 203B, 203C, 203D, or 204(3)
   PSYC 102 (3)
   Above courses must be completed prior to spring semester.
3. Observation Hours: Minimum 50 observation hours completed within 10 months of the application deadline (no more than 20 hours may be attained in a medical [hospital/clinic], industrial/occupational, military, performing arts, and professional sport settings.)
4. Two letters of recommendation (At least one must be from an ATC)
5. Health History Appraisal Form (Physical)

NIU Athletic Training Program information may be accessed through NIU’s website:
http://www.cedu.niu.edu/knpe/undergraduate/athletictraining/index.shtml

All application materials are due February 1.
Professional Core (12)
AHCD 318 Medical Terminology (3)
FCNS 306 Sports Nutrition (3)
or FNCS 306 (2) + KNPE 306 (1)
(Spring only, variable credit hour course)
KNPE 310 Psych Aspects of Sport and Exer (3)
(PRQ: PSYC 102)
KNPE 445 Measurement and Eval in Exer Sci (3)
(PRQ: MATH core grade of "C"
or better, PRQ/CRQ: KNPE 452)

Athletic Training Concentration (25)
KNPE 202 Introduction to Athletic Training (1)
KNPE 264 Prin of Injury Prevention and Care (3)
(Permission required, Admission to ATP)
KNPE 265 Practicum in Athletic Training (3)
(Permission required, Admission to ATP)
KNPE 266 Emergency Medical Response (3)
(Permission required)
KNPE 324 Assessment of Lower Extremity Injury (3)
(PRQ: BIOS 311 or BIOS 357; and PRQ: KNPE 264 and KNPE 265)
KNPE 325 Assessment of Upper Extremity Injury (3)
(PRQ: KNPE 324)
KNPE 326 Therapeutic Modalities (3)
KNPE 474 Medical Issues in Athletic Training (3)
(Permission required, PRQ: KNPE 323)
KNPE 491 Therapeutic Exercise (3)
(WRIN)
(Permission required, PRQ: BIOS 311 or BIOS 357)
Select one from the following (4)
KNPE 490 Adapted Physical Education (3)
(Permission required, CRQ: KNPE 492)
KNPE 492 Special Physical Edu Clinic Practicum (1)
(Permission required)
OR
KNPE 463 Exer and Phy Act Across the Lifespan (3)
(PRQ: KNPE 452, CRQ: KNPE 493)
KNPE 493 Supervised Clinical Exp in Exer Ger (1)

Internship (6)
KNPE 494 Internship in Kinesiology (6)
(Permission required)

Academic Resources
Whitney Harris
KNPE Academic Advisor
Anderson Hall 215
815-753-8285
wharris3@niu.edu

Dr. Bill Pitney
KNPE Program Director
Anderson Hall 229
815-753-1163
wpitney@niu.edu

Dr. Chad McEvoy
KNPE Department Chair
Anderson Hall 223
815-753-1409
cmevoy@niu.edu

NIU Information Technology
(Questions about blackboard, NIU Email account, reset password)
www.its.niu.edu/its/index.asp
815-753-8100

General Tutoring
www.niu.edu, A-Z index, T, tutoring

Occupational Outlook Handbook

National Athletic Training Association
www.NATA.org

Additional Program Information
Northern Illinois University's Athletic Training Program is accredited through the Commission on the Accreditation of Athletic Training Education (CAATE). Only students who complete CAATE accredited curriculum will be eligible to take the Board of Certification (BOC) examination. Athletic Training majors must successfully pass the BOC exam to be certified as an Athletic Trainer. To ensure students adhere to the current curricular standards set forth by CAATE, they are required to meet with the Athletic Training Academic Advisor each term.
### Fall 1
<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Success Marker</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 110 &amp; 111 or Quant Literacy Requirement</td>
<td>3-4</td>
<td>• CHEM 110, Quant Literacy Req. ENGL 103 and PSYC 102 all require a &quot;C&quot; or better</td>
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<tr>
<td>KNPE 202</td>
<td>1</td>
<td>• Students must earn overall 2.5 GPA by the end of Fall I in all NIU and transfer courses.</td>
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<tr>
<td>ENGL 103</td>
<td>3</td>
<td>• Students must complete 50 observation hours under a Certified Athletic Trainer</td>
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<tr>
<td>PSYC 102</td>
<td>3</td>
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<tr>
<td>GE: Creativity &amp; Critical Analysis</td>
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<tr>
<td>UNIV 101</td>
<td>1</td>
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<td><strong>Total hours</strong></td>
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### Spring 1
<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Success Marker</th>
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</thead>
<tbody>
<tr>
<td>CHEM 110 &amp; 111 or Quant Literacy Requirement</td>
<td>3-4</td>
<td>• CHEM 110 and Quant Literacy require a &quot;C&quot; or better</td>
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<tr>
<td>COMS 100</td>
<td>3</td>
<td>• AT application deadline is February 1st</td>
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<tr>
<td>ENGL 203</td>
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<td>GE: Creativity &amp; Critical Analysis</td>
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<td>PHHE 206</td>
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### Summer 1
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<tr>
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<th>Success Marker</th>
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<tbody>
<tr>
<td>BIOS 103 + 106</td>
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### Fall 2
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<tr>
<th>Course</th>
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<tbody>
<tr>
<td>KNPE 264</td>
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<td>• KNPE 264, 265, 266, and BIOS 311 or 357 must be taken in Fall 2</td>
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<tr>
<td>KNPE 265</td>
<td>3</td>
<td>• KNPE 264, 265, 266, and 350 require a &quot;C&quot; or better</td>
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<tr>
<td>KNPE 266</td>
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<tr>
<td>BIOS 311 or BIOS 357</td>
<td>4-5</td>
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<tr>
<td>KNPE 350</td>
<td>3</td>
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<td><strong>Total hours</strong></td>
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### Spring 2
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<tr>
<th>Course</th>
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<th>Success Marker</th>
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<tbody>
<tr>
<td>KNPE 323</td>
<td>2</td>
<td>• KNPE 333, 334, and 331 must be taken in Spring 2</td>
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<tr>
<td>KNPE 324</td>
<td>3</td>
<td>• KNPE 333, 334, and 331 require a &quot;C&quot; or better</td>
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<tr>
<td>KNPE 331</td>
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<tr>
<td>AHGD 318</td>
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<tr>
<td>FCNS 306 or KNPE 306(1) &amp; FCNS 306 (2)</td>
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<tr>
<td>Elective</td>
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<td><strong>Total hours</strong></td>
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### Fall 3
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<tbody>
<tr>
<td>KNPE 314</td>
<td>4</td>
<td>• KNPE 322, 325, 326 and 332 must be taken in Fall 3</td>
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<tr>
<td>KNPE 322</td>
<td>2</td>
<td>• KNPE 314, 322, 325, 326, and 332 require a &quot;C&quot; or better</td>
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<tr>
<td>KNPE 332</td>
<td>3</td>
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<tr>
<td>KNPE 326</td>
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<tr>
<td>KNPE 333</td>
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### Spring 3
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<th>Course</th>
<th>Credits</th>
<th>Success Marker</th>
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<tbody>
<tr>
<td>KNPE 310</td>
<td>3</td>
<td>• KNPE 427, 434, 474 and 491 must be taken in Spring 3</td>
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<tr>
<td>KNPE 427</td>
<td>2</td>
<td>• KNPE 210, 427, 434, 474, 491, and 492 require a &quot;C&quot; or better</td>
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<tr>
<td>KNPE 434</td>
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<tr>
<td>KNPE 474</td>
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<td>KNPE 491</td>
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<td>KNPE 452</td>
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<td><strong>Total hours</strong></td>
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### Fall 4
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<th>Course</th>
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<th>Success Marker</th>
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<tbody>
<tr>
<td>KNPE 432</td>
<td>2</td>
<td>• KNPE 435 and 437 must be taken in Fall 4</td>
</tr>
<tr>
<td>KNPE 435</td>
<td>3</td>
<td>• Apply for graduation (by 2/1 for May, by 6/15 for August, or by 9/1 for December)</td>
</tr>
<tr>
<td>KNPE 445</td>
<td>3</td>
<td>• KNPE 432, 435, 445, 463, and 493 require a &quot;C&quot; or better</td>
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<tr>
<td>KNPE 463</td>
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<td>KNPE 493</td>
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<td>GE: Knowledge Domain Elective</td>
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<td><strong>Total hours</strong></td>
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### Spring 4
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<th>Course</th>
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<tbody>
<tr>
<td>KNPE 494</td>
<td>6</td>
<td>• KNPE 494 requires no grade lower than a &quot;C&quot; or equivalent</td>
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<td><strong>Total hours</strong></td>
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Notes/Comments: This path is an example of what a four year plan could look like for a typical student based on the above catalog year. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU and the Commission on Accreditation of Athletic Training Education (CAATE).