

# **Lauriece L. Zittel**

Department of Kinesiology and Physical Education  
Northern Illinois University  
DeKalb, IL 60115  
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## **EDUCATION**

### **Degrees Earned**

- Ph.D., Oregon State University, 1993.  
Major: Movement Studies for the Disabled  
Supporting Areas of Emphasis: Early Childhood Special Education
- M.Ed, University of Maine, 1988.  
Major: Physical Education
- B.S., Valparaiso University, 1983.  
Major: Physical Education

## **APPOINTMENTS**

### **Academic Appointments**

- Associate Professor. Kinesiology and Physical Education, Northern Illinois University.  
(August 16, 1998 - Present).
- Assistant Professor. Department of Kinesiology and Physical Education, Northern Illinois University. (August 16, 1993 - August 15, 1998).
- Graduate Assistant. Department of Exercise and Sport Science, Oregon State University.  
(1990 - 1993).

### **Other Professional Assignments**

- Director of Graduate Studies (Department Administration). 1998-2011
- Program Director, M.S. Ed. Kinesiology & Physical Education. 2012-present

## TEACHING

### Courses Taught

#### Northern Illinois University

KNPE 490, Adapted PE  
KNPE 549, Independent Study  
KNPE 589, Inclusion Strategies for APE: Theory and Practice  
KNPE 590, APE for Individuals with Physical & Sensory Disabilities  
KNPE 591, Assessment and Program Planning in Adapted PE  
KNPE 592, Clinical Experience in APE  
KNPE 597K, Internship in Adapted Physical Education  
KNPE 671, Dir Rsch KNPE  
KNPE 699A, Master's Thesis  
KNPE 699B, Master's Project  
KNPE 699C, Master's Idsp Inquiry

## Research & Scholarly Activity

### Publications

#### Peer Reviewed Papers

Park, C., Kim, S-Y, Zittel, L.L., & Looney, M. (in review). Validation of the physical activity level screening (PALS) on preschool-aged children with a developmental delay and/or a disability. *Adapted Physical Activity Quarterly*.

Wright, P., Garcia, C., Zittel, L.L., & Gipson, T. (in review). A pilot to assess relationships between physical development and other aspects of development related to school readiness among 3-5 year old children in Head Start centers. *Early Childhood Education Journal*.

Derschied, L., Kim, S.-Y., **Zittel, L. L.**, Umoren, J., & Henry, B. (in press). Teachers' self-efficacy and knowledge of healthy nutrition and physical activity practices for preschoolers: Instrument development and validation. *Journal of Research in Childhood Education*.(28(2),

Descheid, L., Umoren, J., Kim, S.-Y., Henry, B., & **Zittel, L.L.** (2010). *Early childhood teachers' and staff members' perceptions of nutrition and physical activity practices for preschoolers. Journal of Research in Childhood Education, 24(3), 248-265.*

Berkeley, S., & **Zittel, L. L.**, Pitney, L., & Nichols, S. (2001). Locomotor and object control skills of children diagnosed with autism.. (vol. 18, pp. 405-416). *Adapted Physical Activity Quarterly*.

**Zittel, L. L.**, & Randazzo, D. (1999). Appropriate physical education for children with disabilities: Who is qualified to provide instruction.. *Illinois Journal for Physical Education, Recreation and Dance*..

Aharoni, H., & **Zittel, L. L.** (1996). Future directions in assessing young children's motor behavior. *Ohio Association of Health, Physical Education, Recreation, & Dance*.17, 15-17.

- Zittel, L. L., & McCubbin, J.** (1996). The effect of an integrated adapted physical education setting on the motor performance of preschool children with developmental delays. *Adapted Physical Activity Quarterly*.13, 316-333.
- Zittel, L. L., & Macfarlane, P.** (1995). Completing research with young children with developmental delays or disabilities. *Brazilian International Journal of Adapted Physical Education Research*, 2, 111-125.
- Zittel, L. L.** (1994). Gross motor assessment of preschool children with special needs: Instrument selection considerations. *Adapted Physical Activity Quarterly*, 11, 245-260.
- Zittel, L. L.** (1994). Gross motor delays of HIV-infected children. *Adapted Physical Activity Quarterly: Digest*, 11, pp. 434.
- Zittel, L. L.** (1994). Including children of all abilities in physical education. *Illinois Journal of Health, Physical Education, Recreation, & Dance*.35, 24.

### **Textbooks, Book Chapter, & Electronic Media**

- Apples Video Magazine (June, 2012). Using Movement to Engage Young Learners: Featuring **L. L. Zittel**. Produced by STARNet Regions I & III. Operated under the Center for Best Practices in Early Childhood through ISBE Grant: 100% of annual funding from Federal sources.
- Zittel, L. L.** (2011). Early Childhood Adapted Physical Education. In Winnick, J. (5<sup>th</sup> ed.) *Adapted Physical Education & Sport* (5<sup>th</sup> ed.). Chamapian, IL: Human Kinetics.
- Auxter, D., Pyfer, J., **Zittel, L. L.**, & Roth, K. (2010). *Principles and Methods of Adapted Physical Education & Recreation*. (ed., pp. 613 pages). Boston: McGraw Hill.
- Zittel, L. L.** (2005). Early Childhood Adapted Physical Education. In Winnick, J. (4<sup>th</sup> ed.) *Adapted Physical Education & Sport* (5<sup>th</sup> ed.). Chamapian, IL: Human Kinetics.
- Zittel, L. L., & Houston-Wilson, C.** (2000). Early Childhood Adapted Physical Education. In Winnick, J. (3<sup>rd</sup> ed.) *Adapted Physical Education & Sport* (5<sup>th</sup> ed.). Chamapian, IL: Human Kinetics.
- Wessel, J., & **Zittel, L. L.** (1998). *I CAN - K-3*. Austin, Texas: PRO-ED.
- Wessel, J., & **Zittel, L.L.** (1995). *Smart Start: A Preschool Movement Curriculum for Children of All Abilities*. Austin, TX: PRO-ED.

### **Technical Reports**

- Wright, P.M., Gipson, T., Garcia, C., & **Zittel, L.** (2012). Head Start Body Start School Readiness Study. DeKalb, IL: Northern Illinois University, Department of Kinesiology and Physical Education.
- Wright, P.M., Garcia, C. & **Zittel, L.** (2012). Head Start Body Start Evaluation Report. DeKalb, IL: Northern Illinois University, Department of Kinesiology and Physical

Education.

### Grant Activity

Henry, B., Derschied, L., Kim, S-Y, Umoren, J., & **Zittel, L. L.** Take Action for Healthy Preschoolers: Teaching About Activity and Kid's Eating. National Institute of Health: Academic Research Enhancement Award (R15). National Institute of Child Health and Human Development. (submitted June 2013).

**Zittel, L. L.** & Kim, S-Y. (2012 - 2013). Field Testing the TAKE Action for Healthy Preschoolers Intervention. Joint Proposal with Henry, BW, Umoren, J., & Derscheid, LE. *Great Journeys Assistantship*. Funded. Northern Illinois University. \$10,397.00

**Zittel, L. L.**, Kim, S.-Y., Derschied, L., Henry, B., & Umoren, J. (2012). Teachers' Self-efficacy and Knowledge of Healthy Nutrition and Physical Activity Practices for Preschoolers: Curriculum Intervention. *Research & Artistry*, Funded. 2012. Northern Illinois University. \$15,000.00

Wright, P. M., Garcia, C., **Zittel, L. L.** (2011-12). Co-Principal Investigator, Evaluating the development and implementation of Head Start Body Start: The National Center for Physical Development in Outdoor Play, external evaluation contract for \$164, 000, funded by the American Alliance for Health, Physical Education, Recreation and Dance through a \$12,000,000 grant from the federal Administration for Children and Families of the U.S. Department of Health and Human Services.

**Zittel, L. L.** (2011 - 2012). Joint proposal with Henry, BW. TAKE Action for Healthy Preschoolers. *Great Journeys Assistantship*, Funded. Northern Illinois University. \$10,397.00

Henry, B. H. (PI), **Zittel, L. L.** (PI), Derscheid, L., Kim, S-Y, & Umoren, J. (2010, December). Bridging Gaps in Parents' Knowledge and Behaviors to Support Healthy Habits through Electronic Media. Grant submitted to Allen Foundation for \$26,775.00 (not funded)

Henry, B. H. (PI), **Zittel, L. L.** (PI), Derscheid, L., Kim, S-Y, & Umoren, J. (2008, October). TAKE Action for Healthy Preschoolers, Process for Federal Congressionally-Directed Funding Proposals for FY2012 (not funded)

Henry, B. H. (PI), **Zittel, L. L.** (PI), Derscheid, L., Kim, S-Y, & Umoren, J. (2008, December). TAKE Action for Healthy Preschoolers. Grant submitted to Allen Foundation for \$99,841.00 (not funded)

Henry, B. H. (PI), **Zittel, L. L.** (PI), Derscheid, L., Kim, S-Y, & Umoren, J. (2008, January). Teaching about Physical Activity and Kid's Eating: TAKE Action for Healthy Preschoolers. Grant submitted to General Mills: Champions for Healthy Kids Grant for \$10,000.00 (not funded)

**Zittel, L. L.** (2000). *PROJECT: Early Childhood Physical Activity Level Screening*. Sponsored by Illinois AHPERD Endowment Fund. (State). \$678.80

**Zittel, L. L.** (1999). *PROJECT: Development of Resource Materials to Assist Future Teachers in Managing Disruptive Behaviors*. Sponsored by Committee for the Improvement of Undergraduate Education.. (Northern Illinois University).

- Zittel, L. L.** (1998). *PROJECT: Development of Resource Materials to Accommodate the Learning Styles of Children with Mental Retardation*. Sponsored by Committee for the Improvement of Undergraduate Education.. (Northern Illinois University).
- Zittel, L. L.** (1998). *PROJECT: Illinois Early Childhood Movement Advocacy Project*. Sponsored by Illinois AHPERD Endowment Fund. (State).
- Zittel, L. L.** (1996). *PROJECT: Development of Resource Materials to Accommodate the Learning Styles of Children with Autism*. Sponsored by Northern Illinois University. Committee for the Improvement of Undergraduate Education. (Northern Illinois University).
- Zittel, L. L.** (1996). *PROJECT: Validation of the SMART START Preschool Movement Curriculum with Early Childhood Specialists*. Sponsored by The Graduate School fund for Faculty Research and Artistry. (Northern Illinois University).
- Macfarlane, P., & **Zittel, L. L.** (1994). *PROJECT: An Analysis of Gait Characteristics in Young Children with Down Syndrome*. Sponsored by The Graduate School fund for Faculty Research and Artistry. (Northern Illinois University).

### **Presentations**

- Park, C., Zittel, L.L., Kim, S-Y, & Looney, M. (2013, July). *Validation of the Physical Activity Level Screening (PALS) on Preschoolers with a Disability/Delay*. Poster presented at 19<sup>th</sup> International Symposium of Adapted Physical Activity. Istanbul, Turkey.
- Zittel, L. L., Kim, S-Y., Park, C., Achler, J., & Dotseth, K. (2012, November). *Systematic Observation in Adapted Physical Education: Evidence to Support Best Practice*. Paper presented at Illinois Alliance for Health, Physical Education, Recreation, & Dance. St. Charles, IL.
- Zittel, L. L.** (Invited, 2012, August). *Assessing Movement Skills of Preschool Children with Developmental Delays and / or Disabilities*. Paper presented at 24<sup>th</sup> International Sports Science Congress. Mokpo University, South Korea.
- Kim, S-Y., **Zittel, L.L.**, Derscheid, L., Umoren, J., & Henry, B. (2012, August). *Teachers' self-efficacy and knowledge of healthy nutrition and physical activity practices for preschoolers with and without disabilities*. Poster presented at 24<sup>th</sup> International Sports Science Congress. Mokpo University, South Korea.
- Zittel, L. L.**, Derscheid, L., Henry, B., Kim, S.-Y., Umoren, J., & Lacey, D. (2012, June). *Head Start Teachers' Self-Efficacy and Knowledge of Health Nutrition and Physical Activity Practices for Preschoolers*. Poster presented at 11th National Head Start Research Conference, Washington, DC.
- Zittel, L. L.** (Invited, 2012, April). *Movement in the lives of young children: Understanding development: Designing activities*. Adapted Physical Education/Activity Graduate Program: Texas Woman's University.
- Zittel, L. L.** (2012, April). *Motor Development/Physical Activity: Assessing Preschool Children*. Paper presented at STAR Net Region III Conference, Peoria.

- Zittel, L. L., Kim, S.-Y., & Park, C.** (2011, November). *Assessing Children's Physical Activity Using PALS*. Paper presented at 40th National Adapted Physical Education Conference, Long Beach, CA.
- Zittel, L. L.** (2011, June). *A Healthy, Active Day in the Life of a Young Child*. Paper presented at STARNET Day Camp Adventures, Peoria.
- Zittel, L. L.** (2011, April). *Teaching our kids to MOVE: A standard's based approach*. Paper presented at 38th Annual Head Start Conference, Kansas City, MO.
- Zittel, L. L.** (2011, March). *Motor Development/Sensory Experiences for Preschool-Age Children*. Paper presented at GO-AEYC (Association for the Education of Young Children) Sensory Symposium, Harper Collegew.
- Zittel, L. L.** (2011, January). *Movement Programs for Children with Disabilities-At-Risk*. Paper presented at Chicago Metro- Early Childhood Conference, Chicago.
- Kim, S.-Y., **Zittel, L. L.**, Henry, B., Derschied, I., & Umoren, J. (2010, November). *Development of CAN Teach, self-efficacy tool*. POster presented at North American Federation for Adapted Physical Activity, Riverside, CA.
- Zittel, L. L.** (2010, October). *Movement in the Lives of Young Children*. Paper presented at Professional Development Day, NIU Campus.
- Zittel, L. L.** (2010, August). *Designing Gross Motor and Play Skill Activities for Children of All Abilities*. Paper presented at Ounce of Prevention-Head Start Pre-Conference, Chicago.
- Derscheid, L., Umoren, J., Kim, S.-Y., Henry, B., **Zittel, L. L.**, & McCoy, D. (2010, June). *Nutrition and Physical Activity for Preschoolers: Teachers' Perceptions*. Poster presented at 10th National Head Start Research Conference, Washington, DC.
- Zittel, L. L.** (2009). *Movement in the lives of young children*. Paper presented at STARNET, Chicago.
- Zittel, L. L.** (2009, May). *Healthy Behaviors: Building a foundation a movement skill*. Paper presented at Sharing a Vision, Oakbrook.
- Zittel, L. L.**, & Arnhold, R. (2008). *Advocacy for Individuals with Disabilities*. Paper presented at National Consortium for Physical Education and Recreation for Individuals with Disabilities, Washington, DC.
- Zittel, L. L.** (2008). *Learning to Move: Moving to Learn*. Paper presented at 37th National Adapted Physical Education Conference.
- Zittel, L. L.** (2008). *Promoting Activity and Skill Development for Preschoolers*. Paper presented at Illinois Association for the Education of Young Children, Illinois.
- Zittel, L. L.**, & R. A. (2008, July). *Developing Resources for Advocacy: Students with Disabilities*. Paper presented at NCPERID Annual meeting, Washington, DC.
- Zittel, L. L.** (2006, November). *Assessing Children with Disabilities in PE*. Paper presented at Illinois AHPERD, St. Charles.
- Zittel, L. L.** (2006, February). *Designing Early Childhood Movement Programs*. Paper

presented at Texas AHPERD VIP presentaton, Dallas, TX.

**Zittel, L. L.** (2004, April). *SMART START: A Preschool Movement Curriculum*. Paper presented at 8th Annual Great Beginnings Conference, Boston, MA.

**Zittel, L. L.** (2003, November). *Adapted Physical Education*. Paper presented at IAHPERD – Future Professionals.

**Zittel, L. L.** (2002, November). *Designing Movement Intervention Programs for Children with Disabilities*. Paper presented at Department of Education, Office of Special Education-Hawaii.

Frey, G., Houston-Wilson, C., Kozub, M., **Zittel, L. L.**, & Hannigan-Downs, S. (2002, September). *Adapted Physical Education in the New Millennium: Current Issues and Future Directions*.. Paper presented at North American Federation of Adapted Physical Activity Conference.

**Zittel, L. L.** (2002, September). *Early Childhood Obesity: The role of physical activity*. Paper presented at Illinois Dietetic Association.

**Zittel, L. L.**, & Frey, G. (2002, April). *Physical Education for Children with Disabilities: An Educational Priority*.. Paper presented at Council for Exceptional Children, New York City, NY.

**Zittel, L. L.** (2002, April). *Motor Development for Preschool-age Children with Disabilities*. Paper presented at Department of Education, Office of Special Education-Hawaii.

**Zittel, L. L.** (2002, March). *Motor Development Programs for Preschool-age Children with Disabilities*. Paper presented at STARNET Region I.

**Zittel, L. L.** (2001). Paper presented at Children's Growth and Health Conference, Denver, CO.

**Zittel, L. L.** (2001). *Let's Get Those Kids Moving: Child Care Resource and Referral*. Paper presented at Midwest Nurse Consultants.

**Zittel, L. L.** (2001, June). *Designing Environments to Enhance Motor Development for Children of All Abilities*. Paper presented at STARNET Region IV.

**Zittel, L. L.** (2001, May). *Eat Well, Play More*. Paper presented at Keynote Address:North Dakota Department of Human Services/ North Dakota Head Start-State Collaboration Office, Bismarck, North Dakota.

Frey, G., **Zittel, L. L.**, Rosser, D., & Houston-Wilson, C. (2001, April). *Issues in Field-Based Research and Diverse Populations*. Paper presented at AAHPERD.

**Zittel, L. L.** (2000). *Assessment in Early Childhood*..

**Zittel, L. L.** (2000). *Physical Activity in Early Childhood. Nutrition Surrveillance in the New Millenniu.*, Atlanta, GA.

**Zittel, L. L.** (2000). *Preparing Future Leaders in Early Childhood Adapted Physical Activity*..

**Zittel, L. L.** (2000, March). *Movement as the Foundation*. Paper presented at Illinois Dietetic Association.

- Frey, G., **Zittel, L. L.**, & Stanish, H. (1999, May). *Lifespan Physical Activity: Is It Promoted for People with Disabilities?*. Paper presented at International Federation of Adapted Physical Activity.
- Zittel, L. L.**, & Sunderlin, J. (1999, May). *Getting Kids to Move*. Paper presented at Illinois WIC and Nutrition Services Training Conference.
- Floyd, J., & **Zittel, L. L.** (1999, April). *Start Healthy: The Development of a Screening Tool to Identify the Physical Activity Levels of Preschool Children*. Poster presented at AAHPERD.
- Kelley, K., Floyd, J., & **Zittel, L. L.** (1999, April). *A Survey of Child Care Center Directors Related to Physical Activity Opportunities*. Poster presented at AAHPERD.
- Berkeley, S., & **Zittel, L. L.** (1998). *Physical Activity and Children with Autism*. Paper presented at Council for Exceptional Children.
- McCarthy, T., & **Zittel, L. L.** (1998). *Assessing Preschool Children At-Risk*. Paper presented at Illinois AHPERD.
- Zittel, L. L.**, Huettig, C., & Goodway, J. (1998). *Social Validity: The Value of Subjective Measurement in Early Childhood*. Paper presented at the North American Federation of Adapted Physical Activity.
- Zittel, L. L.** (1998). *Early Childhood Education: A Vision*. Invited Keynote Address: 27th National Conference on Physical Activity for the Exceptional Individual, Napa Valley, CA.
- Zittel, L. L.** (1998). *Facing Diversity - Creating Unity*. Paper presented at National Association for Physical Education in Higher Education.
- Zittel, L. L.** (1998). *Linking Play-based Assessment Results to Instruction*. Paper presented at Conference on Physical Activity for the Exceptional Individual, Napa Valley, CA.
- Zittel, L. L.**, & McCarthy, T. (1998, October). *Building a Foundation: Motor Activities to Enhance Social and Communication Skills*. Paper presented at Illinois Council for Exceptional Children.
- Berkeley, S., McCarthy, T., & **Zittel, L. L.** (1997). *Children with Autism Participating in Games and Activities: Communication Materials to Assist*. Paper presented at Illinois AHPERD.
- Corless, K., Randazzo, D., & **Zittel, L. L.** (1997). *Full Inclusion: Where Do We Go Now? Illinois*. Paper presented at AHPERD.
- Frey, G., **Zittel, L. L.**, & Stanish, H. (1997). *Physical Activity Transition Programs for Students with Disabilities*. Paper presented at AAHPERD.
- Zittel, L. L.**, Lieberman, L., Macquire, P., Frey, G., & Kasser, S. (1997). *Developing University Clinical Practicum Experience in Adapted Physical Education...*
- Zittel, L. L.** (1997). *Movement and Play in Early Childhood: Intervention for Children with Disabilities...*, Montreal, Quebec.



- Zittel, L. L., & Floyd, J. (1996).** *Health Educators and Early Childhood Movement.* Paper presented at Illinois Health Education and Health Promotion Conference.
- Zittel, L. L., & Stanton, K. (1996).** *Preschool Movement Programs.* Paper presented at Indiana AHPERD.
- Zittel, L. L., & Wessel, J. (1996).** *Curriculum Design: Meeting the Needs of Preschool Children with Disabilities..* Paper presented at AAHPERD.
- Zittel, L. L., & Wessel, J. (1996).** *Enhancing Language Development Through Movement and Play..* Paper presented at International Early Childhood Conference on Children with Special Needs.
- Zittel, L. L., Cowden, J., Sherrill, C., & Wessel, J. (1996).** *Questioning our Assumptions: Research in Early Childhood..*
- Zittel, L. L., Paciorek, M., Davis, T., & Stanton, K. (1996).** *Developing Quality Preschool Movement Programs for Children with Disabilities..* Paper presented at AAHPERD.
- Zittel, L. L. (1996).** *Adapting: It's Just Good Teaching.* Paper presented at IAHPERD Student Leadership Conference.
- Zittel, L. L. (1996).** *Inclusion: An Illusion? Keynote Address.* Paper presented at Illinois Association for Professional Preparation in Health, Physical Education and Recreation.
- Zittel, L. L. (1996).** *Integrating Children with Disabilities in Early Childhood Movement Programs.* Paper presented at American Alliance for Health, Physical Education, Recreation & Dance.
- Zittel, L. L., & Paciorek, M. (1995).** *Early Childhood Movement Programs..* Paper presented at Minnesota State Department: Developmental Adapted Physical Education Council.
- Zittel, L. L., & Wessel, J. (1995).** *Movement Programs for Young Children with Special Needs.* Paper presented at Council for Exceptional Children.
- Zittel, L. L., Paciorek, M., & Kasser, S. (1995).** *Preschool Movement Programs.* Paper presented at AAHPERD.
- Zittel, L. L. (1995).** *Current Issues in Adapted Physical Education.* Paper presented at National Consortium for Physical Education & Recreation for Individuals with Disabilities.
- Zittel, L. L. (1995).** *Diversity Across the Disciplines.* Paper presented at Midwest Association for College and University Physical Education.
- Zittel, L. L. (1995).** *First Steps: Movement Programs for Young Children with Disabilities..* Paper presented at Midwest Association for College and University Physical Education.
- Zittel, L. L. (1995).** *SMART START: A Preschool Movement Program for Children of All Abilities..* Paper presented at IAHPERD.

- Liebermann, L., & **Zittel, L. L.** (1994). *Adapting Activities and Imbedding Assessment into Instruction for Students who Experience Sensory, Cognitive and Physical Disabilities, Including Students with Severe Disabilities*. Paper presented at Celebrating Diverse Talents II, Anchorage, Alaska.
- Wessel, J., & **Zittel, L. L.** (1994). *Winners' All Right from the Start Preschool-8 years..* Paper presented at AAHPERD.
- Zittel, L. L.**, & DePauw, K. (1994). *Overcoming Barriers: Ableism in Sport and Physical Activity..*
- Zittel, L. L.**, Connor-Kuntz, F., Chapman, D., Goodway, J., Stanton, K., & Wessel, J. (1994). *Investigating Motor Skill Acquisition in Early Childhood Populations*. Paper presented at AAHPERD.
- Zittel, L. L.**, Dunn, J., McCubbin, J., Maguire, P., & Houston-Wilson, C. (1994). *Inclusion: A Total Life Perspective*. Paper presented at AAHPERD Pre-Conference Workshop.
- Zittel, L. L.**, Paciorek, M., Davis, T., & Woolace, L. (1994). *Movement is the Medium*. Paper presented at AAHPERD Preconference Workshop.
- Zittel, L. L.** (1994). *Imbedding Assessment into Instruction*. Invited Keynote Address presented at Celebrating Diverse Talents II, Anchorage, Alaska.
- Zittel, L. L.** (1994). *Inclusion in Physical Education: Moving Forward..* Paper presented at Northern District-IAHPERD: Special Education, Physical Education.
- Zittel, L. L.** (1994). *Inclusion in Pre-K Movement Environments*. Paper presented at Pinnellas Countywide Institute, Pinnellas County, FL.
- Zittel, L. L.** (1994). *Initiating an Early Childhood Physical Education Program for Children with Disabilities..* Paper presented at Maine Conference on Adapted Physical Education.
- Zittel, L. L.** (1994). *MOVING into the Year 2000..* Paper presented at Keynote Address: Celebrating Diverse Talents II, Anchorage, Alaska.
- Zittel, L. L.** (1994). *Motor Development in Early Childhood*. Paper presented at Cooperative Association for Special Education Countywide Institute.
- Zittel, L. L.** (1994). *Movement Programs for Preschool Children with and without Disabilities*. Paper presented at Michigan Association for Health, Physical Education, Recreation & Dance.
- Zittel, L. L.** (1994). *Physical Activity for the Young Child: Developmentally Appropriate Movement Activities and Adaptations for Children 18 mos - 5 yrs..* Paper presented at Celebrating Diverse Talents II, Anchorage, Alaska.
- Zittel, L. L.** (1994). *Play-Based Assessment during Early Childhood Movement Activities*. Paper presented at Illinois-AHPERD.
- Zittel, L. L.** (1994). *Reflections, Opportunities & Challenges: Preparation for the 21st Century*. Paper presented at Eden Athletic Hall of Fame: Keynote Address.

Felix, M., **Zittel, L. L.**, Bafaro, B., & Tangeman, P. (1993). *Developing Appropriate Programs in Physical Education: An Area of Need*. Paper presented at Oregon Conference.

**Zittel, L. L.**, & Eason, R. (1993). *A Model for Preschool Adapted Physical Education: Examining the Second Layer*. Paper presented at National Consortium on Physical Education and Recreation for Individuals with Disabilities.

**Zittel, L. L.**, & Herman, J. (1993). *Movement as the Medium: Activities to enhance gross motor, social, cognitive, & communication skills for preschool children with developmental delays..* Paper presented at Oregon Association for the Education of Young Children.

**Zittel, L. L.**, & Loumbas, S. (1993). *Instructional Strategies for Preschool Children with Disabilities within Integrated Settings..* Paper presented at Illinois AHPERD.

## **Professional Service**

### **Department Service**

Chair, Curriculum. (August 2012- May 2013)

Chair, M.S. Ed. Advisory Committee. (August 2012- May 2013)

Member, Search. (November 2011 - February 2012).

Member, Curriculum. (August 2011 - December 2011).

Member, Research & Artistry. (January 2011 - May 2011).

Chair, Search. (January 2011 - February 2011).

Member, Research & Artistry. (August 2010 - December 2010).

Ex-Officio, Research & Artistry. (August 2009 - May 2010).

Chair, Search. (November 2009 - February 2010).

Member, Personnel. (August 2009 - December 2009).

Member, Personnel. (August 2008 - December 2008).

Chair, Curriculum. (August 2005 - May 2006).

Chair, Curriculum. (August 2004 - May 2005).

Member, Physical Education Teacher Education Committee. (August 16, 1994 - May 2005).

Chair, Search. (October 2004 - February 2005).

Curriculum. (August 2003 - May 2004).

Chair, Curriculum. (August 2003 - May 2004).

Member, Curriculum. (August 16, 2002 - May 15, 2003).

Chair, Personnel. (August 16, 2001 - May 15, 2003).

Member, Curriculum. (August 16, 2001 - May 15, 2002).

Chair, Search. (2001).

Member, Personnel. (August 16, 1999 - May 15, 2001).

Member, Graduate Studies Committee. (August 16, 1998 - May 15, 1999).

Member, Curriculum. (August 16, 1997 - May 15, 1998).

Member, Graduate Studies Committee. (August 16, 1996 - May 15, 1998).

Member, Curriculum. (August 16, 1995 - May 15, 1996).

Member, Professional Studies Committee. (August 16, 1994 - May 15, 1996).

Member, Search. (1995).

Member, Graduate Studies Committee. (August 16, 1995 - December 15, 1995).

#### **College Service**

Member, Curriculum. (August 2012- May 2013).

Member, Curriculum. (January 2012- May 2012).

Member, Search, SEED Department Chair. (November 2011 - December 2011).

Member, Strategic Planning sub-committee. (October 2010 - December 2010).

Member, Dean's Strategic Planning Committee. (January 2007 - December 2007).

Member, Curriculum. (August 2005 - May 2006).

Alternate, Curriculum. (August 16, 2002 - May 15, 2004).

Alternate, Curriculum. (August 16, 2000 - May 15, 2001).

Member, Dean's Program Development Team. (August 16, 1998 - May 15, 1999).

Member, Dean's Task Force: Restructuring of Teacher Preparation. (August 16, 1996 - May 15, 1997).

Alternate, Curriculum. (August 16, 1995 - May 15, 1996).

#### **University Service**

Member, Appointed, University Mission Statement (January 2012-May 2012).

Member, University Assessment Panel. (August 2011 - May 2012).

Member, Graduate Council Appeals Committee. (January 2011 - August 2012).

Member, Graduate Council Curriculum Committee. (January 2011 – May 2012).

Member, Graduate Council. (January 2011 -2012).

Graduate Council Curriculum Committee. (August 2009 - December 2010).

Graduate Council Appeals Committee. (January 2009 - December 2010).

Member, Graduate Council. (January 2009 - December 2010).

Ex-Officio, Faculty Senate. (August 2009 - May 2010).

Ex-Officio, University Council. (August 2009 - May 2010).

Graduate Council Colloquium Committee. (August 2009 - February 2010).

College of Education Representative, Center for Access-Ability Resources. (August 16, 1997 - 2006).

President, Presidential Commission on Persons with Disabilities. (August 16, 1998 - May 15, 2003).

Member, Affirmative Action and Diversity Resources. (August 16, 1998 - May 15, 2000).

Member, Presidential Commission on Persons with Disabilities. (August 16, 1997 - May 15, 2000).

Member, External and Internal Awards Subcommittee. (1998).

Member, Committee on Initial Teacher Certification. (August 16, 1994 - May 15, 1997).

### **Professional Service**

Graduate School Faculty Marshall. (May, December 2010- present)

Committee - Member, Illinois Board of Higher Education- Disability Advisory Committee. (January 2011 - Present).

Committee - Member, Health Advisory Committee for Two Rivers Head Start Agency. (January 2011 - December 2011).

Reviewer - Conf Paper, Head Start National Research Conference. (August 2011 - October 2011).

Reviewer – AAHPERD – AAPAR, Research Abstracts

Reviewer – Adapted Physical Activity Quarterly, Book & Media Review Editor (1997-2005); Manuscript Reviewer

## **RECOGNITION**

### **Honors and Awards**

2013 The 19<sup>th</sup> International Symposium of Adapted Physical Activity Scientific Committee and the International Federation of Adapted Physical Activity: Outstanding Poster Presentation Award: First Place to Chan Woong Park, Lauriece Zittel, So-Yeun Kim, & Marilyn Looney: Validation of the Physical Activity Level Screening (PALS) on Preschoolers with a Disability/Delay

2011 Distinguished Education Research Article: Honorable Mention, Association for Childhood Education International. (March 31, 2011).

Hollis Fait Scholarly Activity Award, National Consortium for Physical Education and Recreation for Individuals with Disabilities. (July 17, 2009).

Crystal Apple Award, Michigan State University. (May 2009).

Mandy Derrington Friend of a Child Award, Children's Learning Center. (2000).

Excellence in Undergraduate Teaching (Nominee), Northern Illinois University Department of Physical Education and College of Education. (1996).

Mabel Lee Award, American Alliance for Health, Physical Education, Recreation and Dance. (1996).

Scholar Award, Midwest Association of College and University Physical Education Professionals. (1995).

Student Special Recognition Award, Adapted Physical Activity Council-American Alliance for Health, Physical Education, Recreation and Dance. (1993).

### **Professional Memberships**

American Alliance for Health, Physical Education, Recreation and Dance. (1980 - Present).

Illinois Alliance for Health, Physical Education, Recreation, and Dance. (1993 - Present).

Illinois Coalition of Adapted Physical Education. (1993 - Present).

National Consortium for Physical Education and Recreation for Individuals with Disabilities. (1992 - Present).

North American Federation of Adapted Physical Activity. (1992 - Present).

International Federation of Adapted Physical Activity. (1991 - Present).